

The 3 Little Pigs

How to help our minds relax and find a little more peace.

FBI TV Show - The FBI used three different strategies to plan for their outcome.

How often do we have a Plan A, Plan B, Plan C? "Good", "Better", "Best"

- Youngest Pig - Playing was more important than taking the time to build his house.
- Middle Pig - Took a little more time to build his house so he also had play time.
- Oldest Pig - Took the longest time to build his house and also had a Plan B. He had the most peace and was the most prepared.

How often are we diligent and disciplined in planning our work and working our plan?

How often do we say "no" to the distractions and to the invitations of play?

What is the level of peace we have after our work is complete?

How many times do we consider different plans and strategies for when the "wolf" comes?

How ready are we for the daily changes that are coming?

What pig do you relate to?

What are your distractions that keep you from working your plans?

Are we going to rely on ourselves or our neighbors?

"Hope for the Best. Plan for the Worst."

Realistic and Practical attitude regarding our needs: shelter, health, safety, food, family, finances, etc.

We can look at different scenarios with our eyes wide open without entertaining fear about them. It's like imagining we're on a hot air balloon riding above the scenarios. We can imagine the different scenarios without being attached to them.

When we tap into our heads and hearts about what we need to do, we can then tap into our spirits and bodies to find the strength and peace to follow through.

We can intentionally sit down and establish what our needs are without it being scary.

This is building our foundation with brick and not with straw.

Best-case scenario vs worst-case scenario strategizing and planning.

Know what's important to us given our own situations. (shelter, finances, food, etc.)

We can no longer assume that someone is going to come along and save us! This is the year for self-responsibility! It's up to us! We are the ones we've been waiting for! We can do it! Plan the Work and Work the Plan!